



Birchfield
Luxury Residential Care Home

Newsletter
Autumn 2016
Issue 23

Carer Champions



According to the Blackburn with Darwen Carers Service website there are an estimated 16,000 Carers living within the area currently.

The service is constantly looking for new ways to reach people in these caring roles that might not be aware of what can be done to support them.

Birchfield Care Home is delighted to announce that we are one of the local businesses who have linked with the organisation to ensure that carers in our area receive the support they are entitled to.

Theatre Trip

Two of our residents went to the theatre to watch *Sister Act* accompanied by Jackie on 12th October.

They had a fantastic day and also popped into Wetherspoon's for a spot of lunch followed by a very good shopping spree.



Happy Halloween



We had lots of fun over the Halloween period.

We decorated the Home and carved some brilliant pumpkins!

Macmillan Coffee Morning

We held our coffee morning on 30th September with a really good attendance and raised £58 for this wonderful cause.

A massive thank you to Pam for setting out all the tables so beautifully with the old fashioned tea cups and napkins. Also thanks to John Hegarty for donating the lovely cake stands. John again worked very hard in the kitchen making some cakes and we would like to thank families and friends who also donated some delicious treats.



Baking Day

Everyone likes a cake and our residents also enjoy a bit of baking!

A lovely afternoon in August was spent creating some delicious cupcakes to accompany a nice cup of tea.



Oswaldtwistle Mill

We enjoyed a lovely trip out to Oswaldtwistle Mill with family and friends while the weather was nice. We undertook some retail therapy followed by some treats in the tea room.



Exercise with James

Exercise is a very important part of our lives at Birchfield and we have regular sessions throughout the week.

Here is the lovely James putting some of our residents through their paces—as you can see, they thoroughly enjoy it!



Keep up to date with all the comings and goings at Birchfield by following us on Facebook—just search for “Birchfield Residential Care Home”!

Carer of the Month

We would like to congratulate our two most recent Carers of the Month—Tanya and Pam, who were voted for by our residents as the recipients of the award for August and September.

Below you can see Tanya who received a bottle of wine and Pam, with Emma, our Care Home Manager, who was presented with Yankee candles.



Respite Care

We know how hard you work to care for your loved ones—we also know that everyone needs a break now and then and this is why we keep a ***dedicated respite room***. If you, or anyone you know would like to take advantage of this service, please call us on **01254 266020** — we will be pleased to help in any way that we can.

Keep an eye on the notice board for our new

Daily Activity Plan

Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.

Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.

Every **second Wednesday** we are visited by the library so if you would like to borrow books, please let us know. Also, our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

Upcoming Events

Reminiscence with Pam

15th November—2pm

Karaoke

17th November—2pm

Children in Need

18th November—all day

PAT Dog Visit

29th November—10.30am

"Annie"

Northeast Producers

1st December—2pm

Christmas Fair

10th December—10am

Christmas Party & Entertainment

19th December—2pm

Christmas Lunch

25th December

You are welcome to join us for Christmas lunch—please let us know as soon as possible

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